

# Inside One LFS

MONTHLY ENEWS

## SEPTEMBER EVENTS

- 9/5 - 11/28 - [Nurturing Parent Classes](#)
- 9/9 - Refugee Health Community Day
- 9/11 - [LFS Golf Outing](#)
- 9/23 - [Fall TIPS-MAPP Foster Care Training](#)
- 10/12 - [Future of Human Care Symposium](#)
- 10/13 - 10/14 - [Replanted Adoption Conference](#)

## A Warm Welcome

GET YOUR LFS UPDATE

Welcome to our newsletter. This is a one-stop place to find out what's happening Inside Lutheran Family Services (LFS). From events to program insights, it's all here for you.



## Order a Well-being Box

PROVIDE CRITICAL SUPPORT

Have you ever thought about how you can directly impact the lives of children and refugees? One great way to help is by requesting a Well-being Box and collecting and donating our most essential items. By doing so, you can provide crucial support to these populations. The best part is that we will work with you every step of the way to ensure that these items get to the people who truly need them.

To order your Well-being Box, please contact Holly Kaffenberger at [hkaffenberger@onelfs.org](mailto:hkaffenberger@onelfs.org).



# An Anti-trafficking Story

## TRAFFICKING VICTIM ASSISTANCE PROGRAM

Did you know that LFS is actively supports victims of human trafficking? The Trafficking Victim Assistance Program (TVAP) offers a range of services, including case management and trauma counseling, and works closely with community partners to ensure that survivors get the help they need.

One TVAP success story is Samuel, a labor trafficking survivor who came to LFS seeking assistance. His three children were still in danger in their home country, but thanks to the hard work of LFS's dedicated team, they were able to bring them safely to Nebraska.

LFS provided them with everything they needed, from clothing to healthcare services, and even helped to resolve their mother's immigration status.

With the aid of TVAP staff, Samuel was able to regain his health and keep his work permit. His children are thriving in school and have a stable home.



# Mental Health First Aid Training

OVER 700 PEOPLE TRAINED



LFS has been making great strides in our Mental Health First Aid Training (MHAT) program grant, now in its second year of a five-year SAMHSA grant. This program has already trained almost 700 people from various organizations across Nebraska.

The MHFA program is designed to teach people how to recognize the signs and symptoms of possible mental health or substance use challenges and then provide them with the tools to start a conversation about them. Additionally, LFS will be adding QPR (Question, Persuade, Refer) training in the fall, which is a suicide prevention training that helps people recognize the signs and symptoms of suicide and provides the tools to start those conversations as well.

Overall, the MHAT program is a valuable resource for anyone looking to learn more about mental health and substance use challenges. LFS is committed to making it accessible to as many people as possible throughout the state.

[LEARN MORE](#)





# Foster Care Closet

A SENSE OF NORMALCY

The foster care closet is a lifesaver for kids placed with Lutheran Family Services. It's always open, providing a sense of normalcy and essential items to those who need it. Foster families can arrange for employees to pick out items, or they can come to the closet and "shop" for what they need.

The closet has everything from clothes to baby gear, toys, and self-care items. However, the biggest need is for teen clothing and boots of all sizes.

**If you would like to donate new items to the closet, please contact Katherine Spoon at [katherine.spoon@OneLFS.org](mailto:katherine.spoon@OneLFS.org). It's a great way to make a difference in the lives of foster care children.**

[DONATE NOW](#)



## Volunteer

WE NEED YOU!

If you want to support LFS with your time and talents, please visit our volunteer website to see all available openings.

[LEARN MORE](#)



## Donate

HOW TO SUPPORT LFS

You can support LFS in many ways, from shopping our wish list to becoming a Corporate Impact Partner.

[LEARN MORE](#)

# INSIDE ONE LFS

A MONTHLY EMAIL NEWSLETTER

SEPTEMBER 2023 • ISSUE 001



## SEPTEMBER EVENTS

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## A WARM WELCOME

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## ORDER A WELL-BEING BOX

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## FOSTER CARE CLOSET PROVIDES A SENSE OF NORMALCY

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The closet has everything from clothes to baby gear, toys, and self-care items. However, the biggest need is for teens, and boots of all sizes.

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## AN ANTI-TRAFFICKING STORY

Did you know that LFS is actively involved in supporting victims of human trafficking? **The Trafficking Victim Assistance Program (TVAP) offers a range of services, including case management and trauma counseling, and works closely with community partners to ensure that survivors get the help they need.**

One TVAP success stories is that of Samuel, a labor trafficking survivor who came to LFS seeking assistance. His three children were still in danger in their home country, but thanks to the hard work of LFS's dedicated team, they were able to bring them safely to Nebraska.

LFS provided them with everything they needed, from clothing to healthcare services, and even helped to resolve their mother's immigration status.

With the aid of TVAP staff, Samuel was able to regain his health and keep his work permit, his children are thriving in school, and have a stable home.



## September Events

- 9/5 - 11/28 - Nurturing Parent Classes
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## An LFS Anti-trafficking Story

Did you know that LFS is an organization that is actively involved in supporting victims of human trafficking? The Trafficking Victim Assistance Program (TVAP) offers a range of services, including case management and trauma counseling, and works closely with community partners to ensure that survivors get the help they need.

One of their success stories is that of Samuel, a labor trafficking survivor who came to LFS seeking assistance. His three children were still in danger in their home country, but thanks to the hard work of LFS's dedicated team, they were able to bring them safely to Nebraska.

**LFS provided them with everything they needed, from clothing to healthcare services, and even helped to resolve their mother's immigration status.**

With the aid of TVAP staff, Samuel was able to regain his health and keep his work permit. Today, thanks to the support of LFS, Samuel's children are thriving in school and have a stable home.

## New HQ Ribbon-Cutting

Last month's ribbon cutting at our new headquarters was a great event. Our HQ building provides a home base for the 100s LFS employees serving the region.

