

# 2021 ANNUAL REPORT

# embracing change. changing lives.



Lutheran  
Family Services



# Lutheran Family Services

for the well-being of all people

For more than 20 years, I have loved Lutheran Family Services for how it connects me to my family and my faith. When I make gifts to support children's services, I am reminded of my three children whom I adopted through LFS. When I introduce people to the work done in our mental health programs, I think of my dad, who was one of the first pediatricians in the country to bring a therapist into his practice. When I support LFS, I know I am using my time, talents and treasures to love God and my neighbors.

Last year, children found their forever families through our adoption programs. Fathers reconnect with their children with the support of our Fatherhood Initiative. Hundreds of refugees resettled through the help of countless volunteers. Veterans and first responders turned to us for counseling.

Thousands of individuals came to us to take the hard but necessary steps to overcome substance abuse, depression, anxiety disorders, childhood trauma, and more. The work we do, the people we serve, none of it would be possible without the support of our communities.

Meeting people where they are. That is our goal as we prepare for our 130th year as an organization and as we look to expand the services we provide across the heartland. No matter where people live or what difficulties they face, we want to be there to lend a hand.

**With your help, we can impact more lives than ever before.**



Chris Tonniges,  
President and CEO

## 2021 BOARD OF DIRECTORS

David Anderson, Jr. - Chair  
Brenda Smith - Vice Chair  
Chris Tonniges - Secretary  
Andrea Adams - Treasurer  
Teresa Anderson - Member at Large  
Miranda Watson  
Tiffany Henn  
Bishop Brian Maas  
Reverend Richard Snow  
Mark Foxall  
Calli Hite  
Megan Reay

## our mission

Lutheran Family Services expresses love for all people by providing quality human care services that build and strengthen individual, family, and community life.

## our ambition

In communities to which we are called to serve, Lutheran Family Services will lead as a faith-based organization, placing the people we serve at the center as experts in their own experience, and effectively delivering health and human care that meets individuals' and communities' social, cultural, and linguistic needs.



# LFS by the numbers

## Children's Services

3,326  
children served

1,063 supported through children's behavioral health services

99 adopted children

93 homes found in foster care

## Community Services

4,894  
clients served

614 refugees resettled in Nebraska

240 immigrant families reunified





We can't be  
everything to everyone,  
but we can be the agency that helps  
everyone get everything they need.

## Behavioral Health

7,274  
clients served

1,033 individuals treated for  
substance abuse

842 individuals supported  
through crisis response

15,494 people served

300 staff members

19 locations

# How we serve our communities

## Community Services

Providing opportunities for children and families to thrive

- **Family Preservation Services:** Adoption services, foster care, in-home services, kinship care, home study, and pregnancy and maternal health counseling.
- **Individual and Family Support Services:** Case management, crisis intervention, essential needs support, disaster care management, health navigation, legal immigration services, refugee resettlement and support, and language interpretation and translation support.
- **Education Services:** ESL and educational assistance, cultural orientation for newcomers, financial literacy and budgeting, Nurturing Parenting programs, and prevention and early intervention services for expectant mothers and at-risk families.
- **Economic Empowerment Program:** Supports families as they pursue self-sufficiency through workforce development, asset-building programs, and career planning.

## Behavioral Health Services

Equipping people to lead their best lives

- **Children's Behavioral Health:** Family support groups, individual and family mental health services.
- **Adult Behavioral Health:** Person-centered, evidence-based therapies to treat mental health and substance use conditions. Includes specialized services for military veterans and their families.
- **Integrated Support Services:** Healthcare services, including medication management and peer support to help stabilize people in crisis.





# The impact of LFS



My sessions gave me the power and strength to move past my trauma. Work and relationships were difficult for me in the past. What I learned with my EMDR treatment I continue to use and apply to my life. I feel blessed and grateful for the time I've spent working with the therapists, and I can't thank them enough for all they've done to help me live my life."

- Missy, Eye Movement Desensitization and Reprocessing (EMDR) Client



I didn't have custody of my son for two years because of my alcoholism, but the Fatherhood team worked with me to get the help I needed to sober up and get my life back on track. Then, they stood with me in front of the judge as a changed man. I missed my son's first five birthdays, but we just celebrated his sixth birthday together and can't wait to be with him for all the rest of them."

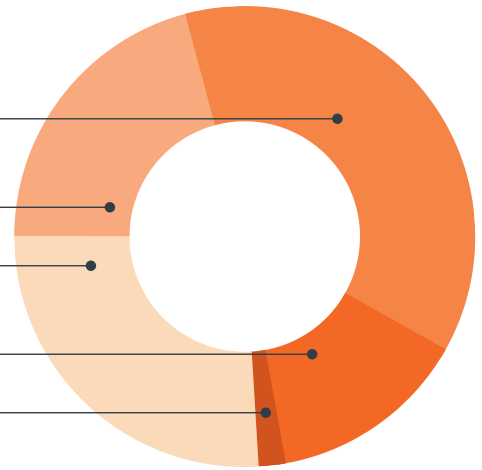
- Rodrigo, Client of the Fatherhood Initiative

## Operating Support and Revenue \$31,834,422

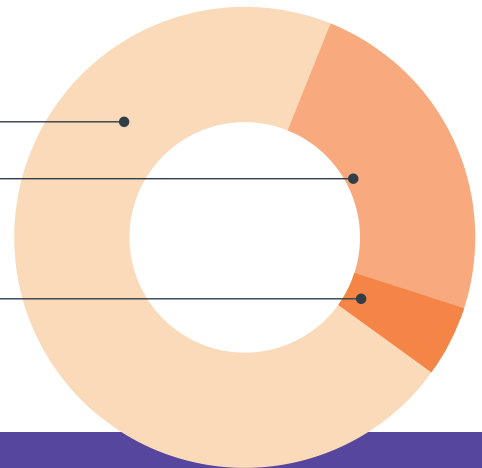
## Financials

## Operating Expenditures \$24,162,001

Contributions and Private Donations	37.3%
Government Grants and Contracts	20.8%
Third Party Payers	26.0%
Investments and Other Revenue	14.0%
United Way	1.9%



Programs	71.1%
Program Support	23.9%
Resource Development and Communication	5.0%



## LOCATIONS

### Omaha, Nebraska

Corporate Office 124 South 24th Street	402-342-7038
Kountze Commons 2661 Douglas Street	402-455-9760
Lasting Hope Recovery Center 415 South 25th Avenue	402-342-7007
North Omaha Center for Healthy Families 3040 Lake Street, Suite 124	402-504-1733
Project Harmony 11807 Q Street	402-595-1338

### Lincoln, Nebraska

Health 360 Integrate Care Clinic 2301 O Street	402-441-7940
Child Advocacy Center 5025 Garland Street	402-476-3200
Mourning Hope Grief Center 1311 South Folsom Street	402-488-8989
Partners in Empowerment and Recovery 650 J Street, Suite 100	402-435-4044
Targeted Adult Service Coordination 721 K Street, Suite A	402-474-0419

### Council Bluffs, Iowa

Pottawattamie County Center for Healthy Families 300 West Broadway, Suite 7	712-242-1040
--	--------------

### Blair, Nebraska

Blair LFS Office 403 South 16th Street, Suite C	402-426-5454
--	--------------

### Bellevue, Nebraska

Sarpy County LFS Office 11515 South 39th Street, Suite 300	402-292-9105
---	--------------

### Fremont, Nebraska

Rupert Dunklau Center for Healthy Families 1420 East Military Avenue	402-941-0075
---	--------------

### Grand Island, Nebraska

Grand Island LFS Office 1811 West 2nd Street, Suite LL100	308-382-4255
--	--------------

### Lexington, Nebraska

Lexington LFS Office 800 North Washington Street	800-267-9876
---	--------------

### North Platte, Nebraska

Clifford L. Johnson Center for Healthy Families 120 East 12th Street	308-532-0587
Josiah Place 1137 Linda Court	308-532-0587

### Wichita, Kansas

Wichita Adoption Services Office 3310 East Pawnee Street	316-685-5477
---	--------------





124 South 24th Street, Suite 230  
Omaha, NE 68102

402-342-7038

[LFSneb.org](http://LFSneb.org)

