



The building at 23rd and "O" Streets is perfectly positioned in the heart of the community where it will be easily accessible to all who need it. The prime location is centrally located, situated along a major thoroughfare with full access to bus lines, sidewalks and trails. It is within walking distance of Downtown Lincoln, the University of Nebraska, cultural / ethnic centers and schools.

Health 360

A Partnership of Lutheran Family Services of Nebraska and People's Health Center

**2301 "O" Street
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health360clinic.org

Health 360

Integrated Care Clinic



A Partnership of



**Lutheran
Family Services**
of Nebraska, Inc.



**PEOPLE'S
HEALTH
CENTER**
*Serving our diverse community
a nebraskahealth center*

Health 360 is a partnership between Lutheran Family Services of Nebraska and People's Health Center in Lincoln, and is open to anyone who needs its services.

What is integrated care?

Integrated care establishes coordinated care for clients receiving behavioral and/or primary health services at the same location during the same appointment. Clients enter through one door, reducing any stigma related to care delivery.

Data shows that adults with serious mental illness die 25 years earlier than the general population. Nearly 7 of 10 adults with a behavioral health disorder have at least one physical health condition. Certain behavioral health disorders also have a higher incidence of some conditions, including obesity, diabetes, asthma, migraines, heart disease, and cancers. Data shows that 29% of adults with a physical health condition also have a behavioral health disorder.

What is Health 360?

The Health 360 Clinic (Health 360) is the name of Lincoln's newest integrated care model. The vision for Health 360 began with leaders who were looking to ensure that the community's most vulnerable

residents were receiving the services they needed for health and stability. Health 360 provides a holistic approach to the delivery of health services. This includes behavioral health services as well as medical care at the same time and in the same location. This comprehensive service delivery model also includes an on-site pharmacy.

Who are the partners?

Lutheran Family Services of Nebraska (LFS) is a 124-year old Nebraska organization with a long history of human care service delivery. It is one of the largest outpatient behavioral health providers in Nebraska.

People's Health Center (PHC) is a Federally Qualified Health Center (FQHC). FQHCs are either located in or serve a federally-designated medically underserved area or population.



Client experience

Health 360 services are available to anyone who seeks them and are provided on a sliding fee scale. No one is turned away based on inability to pay.

LFS behavioral health clients are now able to seek medical care during their appointments. Conversely, patients can see a medical provider and also address any behavioral health needs. Clients can get their medications in the on-site pharmacy. This convenience is a positive step towards a healthier lifestyle.

A team approach

Health 360's coordinated care model means a larger group of experts addressing client needs. Each client's health care team includes an LFS Behavioral Health Consultant (*licensed clinical social worker*), a PHC health care provider (*physician, physician's assistant, or APRN [advanced practice registered nurse]*), a registered nurse, a medical assistant, and the on-site pharmacist. Additional team members may be added as needed to provide support. For example, a public health nurse might provide case management support or a psychiatric APRN might assist in managing and coordinating medications.

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